



CRITERION V STUDENT SUPPORT AND PROGRESSION SESSION 2019-20 to 2023-24



DATA VALIDATION & VERIFICATION

Key Indicator 5.3

Metrics 5.3.3

GOVT. M.H. COLLEGE OF HOME SCIENCE AND SCIENCE FOR WOMEN, AUTONOMOUS JABALPUR (M.P.) **OFFICE OF THE PRINCIPAL**

GOVT. M.H. COLLEGE OF HOME SCIENCE AND SCIENCE FOR WOMEN JABALPUR (M.P.)

> NAAC Accredited "B+" A College With Potential for Excellence by UGC

Tel No. 0761-4005716, 2407326

Website : www.gmhcollege.nic.in

Date: 26/12/2024

Email : principal@gmhcollege.nic.in

DECLARATION BY THE HEAD OF INSTITUTION

Fax No. 0761-4005716

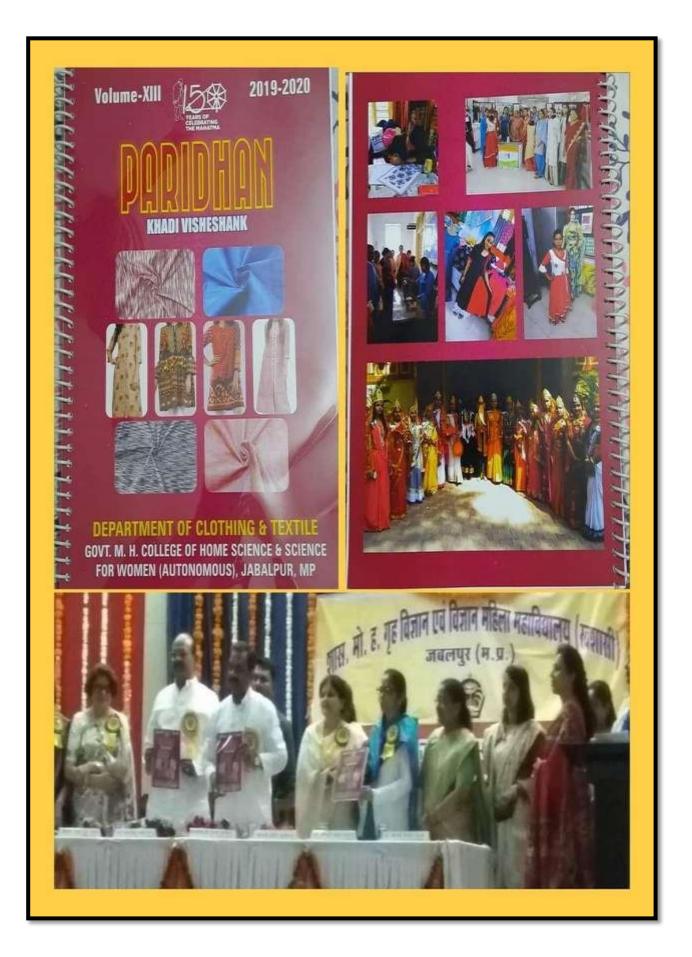
I certify that, to the best of my knowledge, the information contained in this Data Validation and Verification (DVV) is accurate. The institution created this DVV following internal discussion; no portion of it was outsourced.

PRINCIPAL BOVT. M.H. COLLEGE OF HOME SCIENCE AND SCIENCE FOR WOMEN, JABALPUR (M.P.)

Events Organized Throught Departmental Clubs







Poster Competition





MMUNAT HARMON





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स्वाभाव और आवासीय अभिरुचि

लीक्ष मन्त्री के निर्देशन और डॉ.



कार्यक्रमों में अब बाहर से आने वाले अतिथि स्टूडेंट्स को शोध से जुड़े विशेष तथ्य दे रहे हैं। क्लब स्ट्रडेंट्स का आत्मविश्वास तो बढ़ा ही रहे हैं, साथ ही उन्हें बेहतर कैरियर के लिए तैयार भी कर रहे हैं। शहर के कॉलेजों में प्रारंभिक सत्र में बनाए गए क्लब जो भी प्रोग्राम करवा रहे हैं, वो स्ट्रहेंट्स के लिए उपयोगी साबित हो रहे हैं। विभिन्न गतिविधियों से जुड़कर स्ट्रॉट्स पर्यावरण के लिए अवेयर हो रहे हैं। पौधारोपण तो कर ही रहे हैं, लोगों को प्लास्टिक का उपयोग बंद करने अवेयर भी कर रहे हैं। देखा जाए तो कॉलेजों में र जा गर बलब स्टूडेंट्स को रत्मी जिवाओं में ग्रिटक बना

रहे हैं। (आर-6)



पर्यावरण का खास ख्याल रखते हैं। इन्हीं विषयों पर थीम रखकर प्रतियोगिता करवाई जाती है, ताकि प्रतियोगिताओं के माध्यम से स्टूडेंट्स अपनी विरासतों का सम्मान करना सीखें और पर्यावरण के प्रति सजग हों। होमसाइंस कॉलेज की प्रो. डॉ. ज्योति जैन ने बताया कि साल भर सभी विभाग एक्टिविटीज करवाते हैं। ईको क्लब की इन्चार्ज शीला विश्वकर्मा ने जानकारी दी की ईको क्लब पोस्टर और पेन्टिंग कॉम्पिटीशन करवाता है, इसी के साथ स्टूडेंट्स को नेचर से जोडकर रखा है। अवेयरनेस प्रोग्राम्स में अतिथि विदानों को बाहर से बलवाया जा रहा है। जो अपने व्याख्यान से विद्यार्थियों का नॉलेज बढाते हैं. इसी के साथ शोध में हो रहे परिवर्तन बताते हैं, ताकि स्टूडेंट्स अपडेट हो सकें। मानकुँवरबाई कॉलेज की प्राचार्या डॉ रण्मि चौबे ने बताया वि क्लब का गठन स्ट्रेंट् के चहुँमुखी विकास वे लिए किया गया है। ता वे हर समय हर विषय में नॉलेज ले सकें। हा क्लब में अलग-अलग कोऑडिंनेटर के साथ पीजी के स्ट्रेंट्स स गए हैंगी-3



Best Practices of the institute -

1. Development of Event Management skills

• Every department in the institution constitutes an activity club of its own in which four PG students are elected as President, Vice-president, Secretary, and Joint-secretary. This club under the guidance of a teacher coordinator carries out various activities throughout the year, which include conduction of workshop, speeches, lectures, publication of departmental magazine, updating of wall magazine, various competitions like rangoli, greeting card making, essay, slogan, recitation, quiz, celebration of various days of national & international importance, etc.

Name of the department	Name of the Activity club	Name of the departmental magazine
Physics	Einstein Club	Vibration
Chemistry	Qurie Club	Chem-era
Mathematics	Ramanujan Club	Gadana
Zoology	Salim Ali Club	Zoo-world
Botany	J.C. Bose Club	Haritima
Microbiology	Antoni won Leuvanhok Club	Microbial world
Clothing & Textile	Srijan Club	Paridhan
Food & Nutrition	Health & Fitness Club	In Food
Human Development	Ravindra Club	Srijan
Resource Management	Rajmal P. Devdas Club	Samvad

Club Activities were done as follows -

Department of Phy	sics Einstein Club	
Departmental Magazine "Vibrat		zine "Vibration"
Date	Title of the Activity	Number of Students
15/02/2021	Optical Communication: Innovations and applications to 4G -5G Technology	488
15/02/2021	Webinar: Optical Communication -Innovation & its application to 4G/5G	200
1/3/2021 to 2/3/2021	Science Day 2021 Discoveries in Science that changed the Life on Earth	691

Department of Mat	hematics Ramanujan Club	
	Departmental Mag	gazine "Gadana"
Date	Title of the Activity	Number of Students
29/12/2020	Quiz on Mathematics and Mathematician	50
29/12/2020	Talk by Expert	60
20/1/2021	National Webinar on "Cyber Crime and Women Security"	100
5/2/2021	Udaan With Safety	300

		J C Boss Club & euwenhoek Club
	Botany Departmental Ma	agazine: Haritima
	Microbiology Departmental Magazine:	Microbial World
Date	Title of the Activity	Number of Students
5/6/2020	Plantation on World Environment Day	25
1/7/2020 to 14/7/2020	Celebration of Biodiversity Conservation and Sanitation Fortnight (Slogan Competition, Handmade mask distribution)	60
1/10/2020	Online Poster and Slogan Competition on 150th Birth Anniversary of Mahatma Gandhi	30
30/12/2020	Online Lecture on "White rot exopolysaccharide: an untold story of wonder macromolecule"	32
16/1/2021	National webinar on "Biodiversity of Edible Fungi"	95
7/1/2021	In under EBSB Online Essay competition on "Mizoram ke darshanik sthal"	47

15/2/2021	Poster competition on Green Environment	20
2/3/2021	Guest Lecture on sustainable environmental practices	35
5/3/2021	Educational Visit to Jawaharlal Nehru Agricultural University	21
8/3/2021	Speech competition on International Women's Day	26
19/3/2021	In under EBSB Online Essay competition on "Environment"	24

Department of Che	mistry	Curie Club
Departmental Magazine "Chem-Era		zine "Chem-Era"
Date	Title of the Activity	Number of Students
November	EBSB day celebration 🧐 🖗 🥙	15
Nov-20	Poster-Pollution free festival	15
Nov-20	Slogan on national education day	12
Nov-20	Learn chemistry in the simplest way	24
Nov-20	Art and culture of India	12
16-Dec-20	Quiz	41
18/12/2020	EBSB Activity	8
Dec-20	Quotes	70
16-Jan-21	Knowledge	19
26/01/2021	Quiz in chemistry	92
9-Feb-21	A National Webinar on empowering diversity in science: gender equality and economic empowerment	223
16-Feb-21	A national webinar- on advanced Nano materials in health care	676
22-Mar-21	Save water save life	19
8-Mar-21	Choose to challenge	256
15-Mar-21	Quiz-know Manipur	68
1st March 2021	Thought of the day-Character building	35

Department of Zoology Salim Ali C		Salim Ali Club
	Departmental Magazine "Zoo-W	
Date	Title of the Activity	Number of Students
5/6/2020	Online Quiz on "Biodiversity" - World Environment Day	35

29/7/2020 to 5/8/2020	Digital Poster Competition on Wild Life and Covid-19	20
15/9/2020	Slogan Competition on Ozone Day	30
2/10/2020 to 8/10/2020	Online Quiz and Article Writing Competition on National Wild Life Week	32
9/11/2020	Inauguration of Salim Ali club along with Lecture on Covid-19 diagnosis, challenges and application of RT. PCR	51
11/11/2020	National Education Day Celebration	60
14/11/2020	Essay Competition on "Our Lifestyle and Diabetes" - World Diabetes Day	15
1/12/2020	National Aids Awareness Day	276+15
16/1/2021	National Birds day celebration	11
9/2/2021	Lecture on genetic diseases and need of Genetic counseling	88
13/2/2021	One day international web conference organized by Dept. of Zoology and Biotech on Molecular Cytogenetic.	613
11/2/2021	Delivered lecturer in other college	89
11/2/2021	Lac Insects for mankind (a lecture delivered) in Govt. S. S. A. College, Sihora under world bank project.	92
1/3/2021	Educational visit	1
9/3/2021	Inspection of research center	10

Department of Clo	thing & Textile	Srijan Club
	Departmental Magazine "Paridhan"	
Date	Title of the Activity	Number of Students
Nov-20	Mask making - Service and self-employment opportunities in the Covid-19 era	8
Nov-20	Essay Writing on yoga and health	8
Nov-20	Poster Making on Introduction to Indian Culture	9
Nov-20	Online Lectures on Our Fundamental Duties in the Indian Constitution	64
Nov-20	Online Lecture on Introduction to National Education Policy 2020	69
Nov-20	Essay writing – Introduction to tourist places of Madhya Pradesh and various employment opportunities related to tourism	9
23/02/21 to 01/03/21	Culture : Northeastern region of India	155

Food and Nutrition Health and Fitness Clu		d Fitness Club
Departmental Magazine "In Food		agazine "In Food"
Date	Title of the Activity	Number of Students
2/7/2020 to 3/7/2020	Dimension of changing lifestyle in present scenario	250-300
1/7/2020 to 7/7/2020	World Breastfeeding week	17
4/9/2020	Two days online Pictorial Quiz Competition	100
7/9/2020	Online Lecture	80-100
7/11/2020	National Cancer Awareness Day	36
10/11/2020	World Vaccination Day	25
12/11/2020	World Pneumonia Day	33
14/11/2020	World Diabetes Day	37
15/11/2020 to 16/11/2020	Nutrition Awareness program	23
23/1/2021	International Webinar on "Intervention in Pre-diabetes of Young Adults"	195
29/01/2021	Induction Meeting Of IGNOU	58
	Pre Ph.D. viva Research Scholar Mr. Ajab Singh	15
4/2/2021	World Cancer Day	50
19/02/21	Jan Samman Abhiyan "Beti hai to Bhavishya hai"	80

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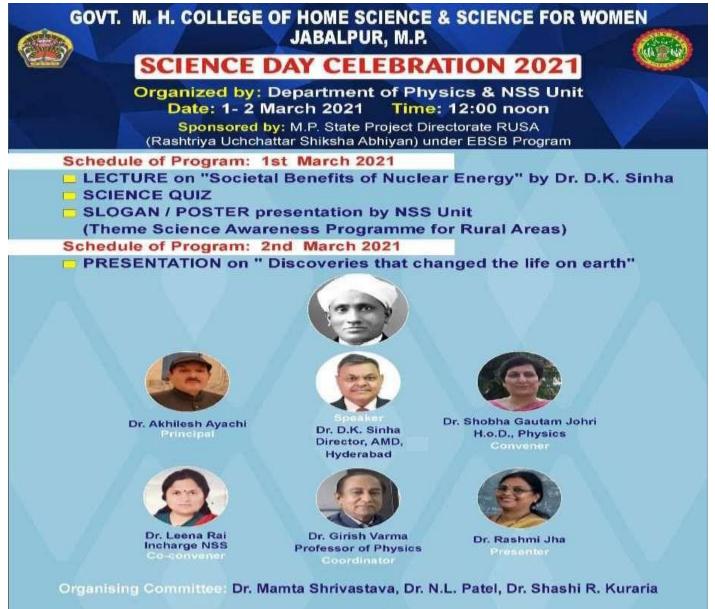
Human Development		Ravindra Club
Departmental Magazine "Srajan"		Magazine "Srajan"
Date	Title of the Activity	Number of Students
14/8/2020	Online Quiz on Impact of Covid-19 on Mental Health	148
24/8/2020	National Webinar on Challenges and Prospects of Child Development and Family life in the present context	840
5/9/2020	Online Function on Teachers Day "Our Teacher Our Hero"	4
1/10/2020	Online Quiz on Old Age Problems	111
10/10/2020	Online Poster Competition on Mental Health Day	

14/11/2020	Online Quiz on Parental Attitude and Child Development	58
1/12/2020	Online Poster Competition on World Aids Day	30
8/1/2021	Online Lecture on Online education in the present context	13
20/1/2021	National Webinar on The Power of Positive Thinking and Stress Management	476
24/1/2021	Online Slogan Competition on National Girl Child Day	22
23/2/2021	Online Lecture on Formula for success in exam	25
8/3/2021	Online Quiz on International Women's Day	54

Resource Management Rajjmal P Devdas Club		P Devdas Club	
	Departmental Magazine "Samvao		
Date	Title of the Activity	Number of Students	
5/6/2020	Online Conference on World Environment Day	100	
15/10/2020	Online Webinar On Covid-19 And Our Behavior	32	
18/11/2020 to 21/11/2020	Positive Thought Writing	15	
26/11/2020	Online Quiz on Constitution Day	25	
2/12/2020	Poster Making on World Pollution Control Day	35	
24/12/2020	Online Quiz on National Consumers Day	32	
20/1/2021	Online Lecture on Why and how to choose a career	65	
30/1/2021	Online Workshop on Gaur Art	35	
1/2/2021	Online Workshop on Thai painting	30	
20/2/2021	Online Webinar on Webinar on Consumerism In Present Scenario	463	
15/3/2021	Poster Making on World Consumers Day	36	

Language Department		
Date	Title of the Activity	Number of Students
5/12/2020	Webinar: Fundamental Duties COVID-19	250
24/12/2020	Sushashan Diwas	193
29/12/2020	Webinar: Communication Skills	90
6/1/2021	Contribution of Luis Braille	122

7/1/2021	Biodiversity		98
18/1/2021	1 Webinar: Roll of Youth in Public Communication		80
21/1/2021	Webinar: Making secure online transaction		155
25/1/2021	Webinar: Employability and Entrepreneurship		290
25/1/2021	25/1/2021 National Voters Day		70
29/1/2021Webinar: Communication Skills55		55	
20/2/2021 to 25/2/2021FDP on ICT tools in teaching for Higher Education		250	
15/2/2021	International Webinar on Environmental Sustainable Development		220
17/2/2021	International Webinar on Women in technology	250	



E-Certificate will be given to all participants after filling feedback form. Meeting link: https://meet.google.com/vou-cnrm-eey YouTube link: https://youtu.be/9F02Y5BdvT4



INTERNATIONAL WOMEN'S DAY

EBSB SANSKAR CLUB

UNDER THE AEGIS OF IQAC

M H COLLEGE OF HOME SCIENCE AND SCIENCE FOR WOMEN, JABALPUR

INVITES

ON

MARCH 8, 2021

DRESS COLOUR CODE-PINK

TIME 1:00 PM

VENUE-LIBRARY

Department of Chemistry Gender Equality Workshop

#IWD 2021

CHOOSE TO CHALLENGE

RAISE YOUR HAND HIGH TO SHOW YOU'RE IN AND THAT YOU COMMIT TO CHOOSE TO CHALLENGE STRIKE THE CHOOSE TO CHALLENGE POSE AND SHARE IN THE LINK

https://forms.gle/Z9BSHQsmlwkDaeq68

IUPAC invites scientists and students around the world to join in the 3rd Global Women's Breakfast. The event is titled "Empowering Diversity in Science: A Global Networking Event" Dated 9th February 2021 department of chemistry Govt. M.H. College of Home Science and Science for Women Jabalpur, MP, India. Participated through a virtual platform.

The Global Women's Breakfast is expected to assist women chemists in expanding their network of contacts, perhaps leading to new career opportunities for research, employment, or education. #IUPAC100#GWB2021







जबलपुर • गवर्नमेंट होमसाइंस कॉलेज में कोरोना वैक्सीन के विभिन्न पहलुओं पर चर्चा की गई। प्राणी शास्त्र विभाग के तत्वावधान में आयोजित हुए कार्यक्रम में प्रिंसिपल डॉ. अखिलेश आयाची का संरक्षण रहा। विभागाध्यक्ष डॉ. शंपा जैन के मार्गदर्शन में क्लब प्रभारी डॉ. साधना केसरवानी के संयोजन में कार्यक्रम आयोजित हुआ। रिचा शर्मा द्वारा बर्ड फ्लू पर आधारित विभिन्न जरूरी बातों की जानकारी दी गई। विजेता पल्लवी चौरसिया, नम्रता साहू और आयुषि रही। इस मौके पर डॉ. रीता सोलंकी, वर्षा जैन, डॉ. नम्रता श्रीवास्तव, डॉ. सुजां सुकुमारन उपस्थित रही।



रे रही के साथ करना थे। जू करने के लोग, केसी जिसाने जू रहे हैं, रिनामी पीआरों के बड़ी में स्वर्थक जातकारी दिन नहीं है। इसी के बाल लगू उठीन, कुटीर उडीन के साथ ही जीन के को में भी राज की प्रा की है रहा-3

anned with the sense in the series with a sense finders agreem with the स्थानी प्राप्तः कीर्य को कुछन पात्र दिन्द स्थाप्त साथ करवाँगा की और विषयों में देवतंत्र प्राप्ताः यो लेग्सा रेठे हैं। इसे व साथ केंवा की तेल केंते का तबसे हैं, का बाता है राज्य में बच्चे का स्वतन्त्री रही कुछ देवी हा दिन्द के frees it repeat family it

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22-23

1. Title of the Practice- Event Management

2. **Objectives of the Practice**- Inculcation of Event Management Skills through various activities.

3. **The Context**- Creating opportunities to become self-reliant, involving maximum number of students. Students are trained for proper Planning, execution, and successful conduction of the activities.

4. **The Practice**- Every department forms its activity club at the beginning of each session. This club carries out various activities and competitions throughout the year.

5. **Evidence of Success**- Boost of confidence among students, appreciation by various stakeholders. This practice also promotes participation of introvert students.

6. **Problems Encountered and Resources required** - Time management with different batches.

Department of Chemistry and Biochemistry Session 2022-23

Curie Club Activity

Name of the department	Name of the Activity club	Name of the departmental magazine
Chemistry	Curie Club	Chem-Era

Formation of Curie Club

President: Manisha Patel MSc III Sem Vice-president: Akanksha Mishra MSc III Sem

Secretary: Priya Gupta MSc I Sem Joint-secretary: Mahima Bagahe MSc I Sem

Curie Club formed Home Science, Scie

Staff Reporter

TO DEVELOP skill management efficiency among students, the Department of Chemistry, Government Mohanlal Hargovinddas Home Science and Science College for Women on Monday constituted a 'Curie Club'.

The programme started with 'Saraswati Aradhana' in presence of Principal Dr. Nandita Sarkar and Head of Chemistry Department, Dr Kalpana Gupta.

During Plastic Waste Management workshop, the students prepared pots from different waste materials available in the department and conducted plantation. Based of 5R theory i.e. Refuse,

Based of 5R theory i.e. Refuse, Reduce, Reuse, Repurpose and Recycle, poster exhibition, debate, slogan writing, street play and quiz were conducted for creating social awareness. Dr. Pramesh Kumar Bohare

anchored the programme. To



Principal Dr Sarkar int

carry out various a throughout the year, 1 Patel has been nomin Club President, A MishraasVice-preside from M.Sc. third seme Mahima Bagahe ar Gupta (both from M semester) were nomi Secretary and Secretary, respectivel



<u>2022&23</u>

Physics Department – Einstein Club formed on 02/08/2022

President - Tristhi Tiwari (M.Sc.) Vice President Kavita Shrivastava (M.Sc.) Secretary -Nitisha Patel (M.Sc.) Joint Secretary- Princi Sahu (M.Sc.)



Einstein Club formed on 02/08/2022



Department Club – "Paridhan"

In the session 2022-23 the **M.Sc. Clothing & Textile & PG Diploma** students have been selected for constitution of departmental club – "Srujan".

The portfolio as follows-



President Pooja Parihar



Vice President Oshi Jain



Secretary Azara Parveen



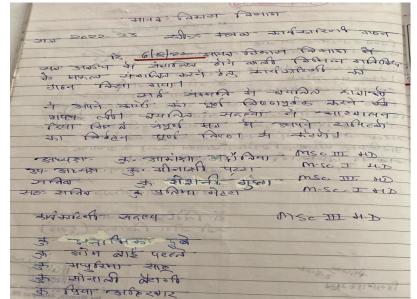
Joint Secretary Shradhdha Vishwakarma

Department of "Food & Nutrition" Club – "Health & Fitness"

President- Aditi Thakur Vice President- Rishita Tripathi Secretary- Astha Tiwari Joint Secretary- Kriti Patel

Department of Human Development

Club – "Ravindra Club"



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Department of Zoology

Club – "Salim Ali" Oath taking President..Sonam Shukla Vp-Secretary -Bushra Fatima Vs-Rashmi Biswas

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गी

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छात्राओं ने ली कर्तव्यनिष्ठा की शपथ

होमसाइंस महाविद्यालय में सलीम क्लब के अंतर्गत आयोजन

होमसाइंस महाविद्यालय के सलीम अली क्लब के अंतर्गत एमएससी की छात्राओं का पदाधिकारी के पद के लिए शपथ ग्रहण का आयोजन किया गया। कार्यक्रम में प्राचार्य डा. नंदिता सरकार के संरक्षण में, क्लब इंचार्ज डा. साधन केशरवानी, विभागाध्यक्ष डा. रीता सोलंकी आयोजक डा. नीत सोनी, डा तिलोत्तम चौधरी उपस्थित थी। कार्यक्रम में डा. सोन दुबे ने एक्वेरियम फेब्रिकेशन पर व्याख्यान दिया। पदाधिकारी पद के अध्यक्ष के रुप में एमएससी उत्तराध से बुशरा फातिमा, उपाध्यक्ष महविश अंजुम, एमएससी पूर्वाध से सचिव वैष्णवी सोनी तथा सहसचिव इरम अंसारी को नियुक्त किया गया।



Curie Club formed at Govt Home Science, Science College

TO DEVELOP skill manage-TO DEVELOP skill manage-ment efficiency among sui-dents, the Department of Chemistry. Government Mohanlal Hargowinddas Home Science and Science College for Women on Monday con-stituted a Curice Club! Theprogrammestarted with "Saraswal Aradhan in pres-ence of Principal Dr. Mandita Sarkar and Head of Chemistry Department, Dr Kalpana Gupta

Department, Dr Kalpana Gupta. During Plastic Waste Management workshop, the students prepared pots from different waste materials avail-able in the department and conducted plantation. Based of Sktheory ie. Reituse, Reduce. Reuse Renurnessen

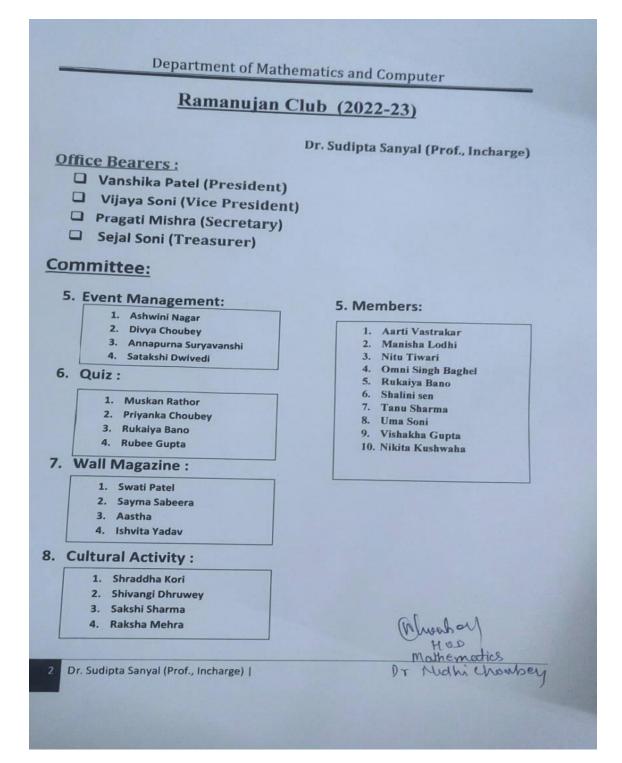
Based of 5R theory i.e. Refuse, Reduce, Reuse, Repurpose and Recycle, poster exhibition, debate, slogan writing, street play and quiz were conducted for creating social awareness. Dr. Pramesh Kumar Bohare anchored the programme. To



with new members of Curie Club. Principal to carbar measuring a carry out various activities throughout the year, Manisha Patel has been nominated as Child President, Akanksha MistraasVice-president floth from M.Sc. thirdsemester] and Mahima Bagahe and Priya Gupta (both from M.Sc. first semester) were nominated as Secretary and General Secretary, respectively. The prorgamme was organ ised under the supervision ised under the supervision of organizing incharge, shubha Sinha, Dr. Kiran Singh and Dr. Archana Khare with the sup-portofNalini Mishra, Dr. Manju Gupta, Dr. Leena Rai, Dr. Mamta Singhai, Dr. Manisha Jain, Dr. Priyanka Parashar, Dr. Nisha Sineh and Nisha Singh Vishwakarma. and

Department of Mathematics & Computer

Club – "Ramanujan"



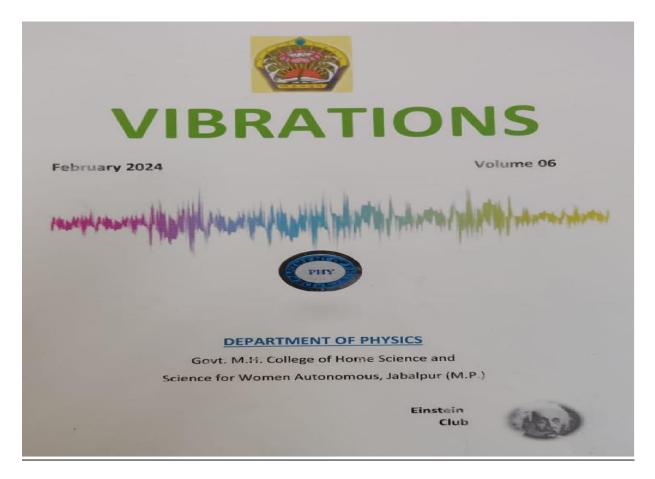
Department of Botany Club – "Sir J.C. Bose"

2024	Page No. :	8.4.6
10	SIR J. C. BOSE CLUB INAUGURATION	
24	SIK J. C. BOOM	1.5
	LOOTINE ON	NOC NAM
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	Okers bearess of the club for session -	7 Shilpa 8. Shud
3 -	Office beasess of the club for session Office beasess of the club for session 2022-23 were nominated (on merit) as	9 Tabass
1.0	follous:	10. Pringa
	Tabassum - President	11 Anjona
-	Priva Sharma- Vice President	- 12 Sonved
	Babli Kausav - Secretary	13 Babli
Ka -	Mushan Jain - Joint - Socretary	14 Nid
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- T-	It was followed by a lecture on	16 Ragr
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	young women by sonior gynaccologiet	18 Lalit
-	Dr. Neena Shrivastava. It was supplemented	18 Ner
	by an extensive input on PCOS' bu	19 Brac
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	uses very unformative and highly	21 Fit
	appreciated by all students.	22 Aug
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Departments	Name of the Activity club	Name of the departmental magazine
Physics	Einstein Club	Vibration
Chemistry	Qurie Club	Chem-era
Mathematics	Ramanujan Club	Gadana
Zoology	Salim Ali Club	Zoo-world
Botany	J.C. Bose Club	Haritima
Microbiology	Antoni won Leuvanhok Club	Microbial world
Clothing & Textile	Srijan Club	Paridhan
Food & Nutrition	Health & Fitness Club	In Food
Human Development	Ravindra Club	Srijan
Resource Management	Rajmal P. Devdas Club	Samvad











DATE	8/9/2022		
THEME OF THE ACTIVITY	Go Green Initiative		
	workshop on eco-friendly Ganesh ji preparation& Exhibition		
PURPOSE	Awareness program-1 Pollution free festival PURPOSE It is celebrated to spread awareness among students. These idols are made by students with clay and have a seed within them. Hence, after the festival is over, the idol kept in small pot and watered every day		
OUTCOMES	To inculcate environmental consciousness among the students, now is the time to start worshiping nature with our Gods		
	लाना हाल हर्गात्मा का प्रातमाणता में प्रथम सनावा पटल, डिताय मया कोष्ट, हूर्तीय महिमा बाखों रहीं। जनमेंट ही, ज्योति जैन, ही, खुति सिंह, हो, अफूबों सीनी ने खिया।		





DATE	25/7/2022
THEME OF	Awareness program on save environment by greeninitiatives
THEACTIVITY	
ACTIVIY DETAILS	5R's of plastic waste management → street play
PURPOSE	To Aware the students about waste management through different activities :5R's of plastic waste management Refuse, Reduce, Reuse, Repurpose & Recycle
OUTCOMES	To inculcate environmental consciousness among thestudents

Nukad Natak plastic waste management, 25 july 2022



18 October 2022

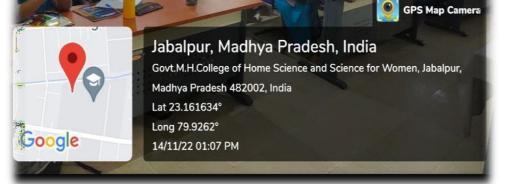
Peer Education Program by the PG Students of Food and Nutrition Chief Guest- S. Shrinivas (Director, IGNOU) Total no. of students-50 Motto- Empowering students, through Nutritional Knowledge Outcome- To inculcate the importance of proper nutrition for overall health and well-being.



<u>14 November 2022</u> Health & Fitness Club Activity

Quiz competition organized by the PG students Total no of students-60 Outcome- To increased awareness, skill development, team building among the students.



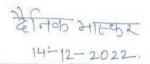


JUST BAKE IT WORKSHOP 14 & 15th Dec 2022 Total no. of students- 150

Activity outcome-To inculcate the practical skills, creativity, confidence, among the students







रसमलाई केक के साथ ही सीखा मिक्स फ्रूट केक बनाना

पानापाइ प्राय के कुछ विषयंग्र से संवित्राय के के कर्यातान का सुभारत कुछल के किस्पों के कर्यातान का सुभारत कुछल के हुआ। शुभ्यांभ नायरों के में स्टेंट डॉस्टर्ड्ड और होटल मैनेकार के प्रायां दीवंस्ट प्राप्त सिंग के कुछनी प्रोप के स्ट्रे के स्टेंत कई प्राप्त कि कि एसीत की प्राप्त के प्राप्त देशन के क्या के की के का स्टोत के प्राप्त के कि के के की कई प्रायं के क्य के कि की साम कि कर की की की की की की रोकक तर्की से सियाई। कार्फक़ में किप्पालक्ष डॉ. सिमार पाठक, वीरण में प्रायंक्र की किप्पालक्ष डॉ. सिमार पाठक, वीरण में प्रायंक्र की किप्पालक्ष डॉ. सिमार पाठक, वीरण में पाठक, वीरक्ष साम कक्सरी के वार्र में बलाव गया। संवाहन अनुव सोनी व आभार प्रारहीन किमा पाल ने किया।



200ale





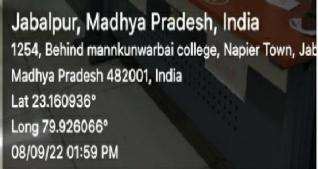
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Department of chemistry Green Practices in Every day Life #econemolygameshji



💽 GPS Map













28-02-2023

Organization of "Self-Employment Fair" Home made Holi colours on national Science Day











16 Feb 2023 NATIONAL MILLET YEAR-TRADITIONAL CUISINE COMPETITION BY STUDENTS BASED ON MILLETS TOTAL STUDENS-

45

OUTCOME- To inculcate the importance of millets in nutrition.





जस्मलपुर। सभी रात स्कृतणाल तरात्मा और जनार के भौरता ने मलका दिरव जोता। अवसार का सोमसाइस कांदेश के आहार एवं पोषपा विषमांग होया आग्योजिस लोगज धांतयोगता का जहां धावापा की. नीदता सरकार के मार्गारशीन और जिस्मागाध्यक्ष डो.सिस्ता पाउडक के लिहेशन से मरुप्ते ने मिलेट्स पर आध्यरित एक से बहकर एक व्यवस चलाए। स्ट्रेड्रिय ने मक्के का वहकर एक व्यवस चलाए। स्ट्रेड्रिय ने मक्के का वहवर, सोने के फ्लोट्रे, नाने टिप्करा, ज्वाद खीरन जेसे स्वात्यद व्यवस प्रकार। स्ट्रेड्रिय ने मक्के का व्यवलांग में फीरदस्ता के साथ बेहतार प्रकेश्वरण को भी व्यवलांग में पीपियकता के साथ बेहतार प्रकेश्वरण का भी व्यवलां में पीपियकता के साथ बेहतार प्रकेश्वरण का भी व्यवलां में पीपियकता के साथ बेहतार प्रकेश्वरण का भी व्यवलां में पीपियकता के साथ बेहतार प्रकेश्वरण का भी स्वात स्रंता इस सीधन 35 प्रकार के नमकौन और एक मोड व्यवला त्रियार किए प्रदा हम अपसर पर विषक एगोलमाराश, अपूर्वा सोनो, विष्य ही।

सिखाएँगे मिलेट्स पास्ता बनाना

महाकोशरत महाविद्यालय में विश्व के परिकोजना (करम) द्वारा प्रायोजित अब महेतरहल के अतर्गत माटे अत्याज के उत्पाहन एवं व्यवस्थाय पर रोजगारोज्युकी कार्यस्थाला एवं प्रशिक्षण का आयोजन किया गया। तिकारी किशिष्यक शर्मरा जानों ने विद्यार्थियों को मिलोट्स की उपनोगिता की जानवारी दी। संभागीय संसाज्यवाद भी अवस्था शुक्ल ने वाहायों कि हामकाम के ही संजय शुक्ल ने वाहायों कि हामकाम के ही संजय स्थलपन होगा। शुवाओं को मिलोट्स के पास्ता, जुडल्स, केक भी बसाना सिरधाया आएगा।

Flavor Fest (26 September 2023)

Total no of students-150

Activity outcome- To promote cultural diversities, culinary creativity or community bonding.







जबलपुर. लजीज व्यंजनों की खुशबू कॉलेज परिसर में फैली। किसी ने बेड से ढोकला बनाया, तो किसी ने शीर कोरमा का स्टॉल लगाया। शासकीय होमसाइंस कॉलेज में आयोजित फ्लेवर फेस्ट के अंतर्गत छात्राओं ने लर्निंग विद अर्निंग थीम पर स्टॉल लगाए। उन्होंने उद्यमिता से जुड़ते हुए पानी पुरी, पान चॉकलेट, पंजाबी रायता, गुलाब जामुन, चाइनीज भेल, साबूदाना बरे जैसी डिशेज में हेल्दी इंग्रीडियंस का इस्तेमाल कर उसे टेस्टी बनाया। इस मौके पर प्राचार्य डॉ. नंदिता सरकार, विभागाध्यक्ष डॉ. स्मिता पाठक, डॉ. विश्वशांति पाराशर, अपूर्वा सोनी, विभा श्रीपाल, अंजू कैनवार, महिमा बेरागी, पूजा कोरी, रंजीत उड़के मोजूद रहे।





Date: 24 January 2023 Celebrate National Girl child day





7 January 2023

Block printing dupattas, screen printing T-shirts, other textile materials and wall hangings etc. were displayed and Sold by the Students of our College at Bhedaghat, M.P Tourism Mortal Marble Rocks Jabalpur



Teachers Day Celebration By PG Students



Garba Mahoutsav-dated 1/10/2022



<u>Month</u>- June 2022

Topic of event – Traffic duty

Date of event – 18/06/2022

<u>**Place of event**</u> - Paintinaka, Sadar

<u>Subject</u> – Providing traffic duty training to NCC cadets.

Incharge – 2 MP GIRLS BATTALION

<u>Purpose of the event</u> To provide a chance to NCC cadets to know the traffic rules and to let the people obey the traffic rules by instructing them.

Impact of event – NCC cadets learnt the traffic rules and duties, also came to know that how to lead people towards their duties.

Number of participants –09

<u> Participants -</u>

- 1. Sunnayna Rajak
- 2. Shikha Verma
- 3. Anshita Shrivastav
- 4. Somya Kesharwani
- 5. Shivani
- 6. Surbhi Jhariya
- 7. Pooja Sahu
- 8. Khushboo Patel
- 9. Mahima Yadav

Photograph of the event -



<u>Month</u> - July 2022 <u>Topic of event</u> – Walkathon 2.0 <u>Date of event</u> – 24/07/2022

<u>**Place of event</u>** -Rampur chowk</u>

<u>Subject</u> — Walkathon, 5KM walk rally for the awareness of planting more and saving the environment.

Incharge – Ms. Manju Barkhane and Mrs. Madhuri Ramteke

Purpose of the event – to spread awareness about environment and to make the people aware for planting more by giving them the slogans of how useful the nature is, and to save this earth.

<u>Impact of event</u> – Around 200 plants has been planted in the homes of the participants and seedling has been done by the participants through the rally. This rally taught them the importance of natural resources and how to save them. <u>Number of participants</u> – 39 Photographs of event -



<u>Month –</u> August 2022

<u>Topic of event</u> 75th years of Independence "Jara Yaad unhe bhi kar lo" <u>Date of event</u> 13 / 0 8 / 2022

<u>Place of event</u> - From Govt. M.H. College of Home Science and Science to Madan Mahal Fort.

<u>Subject</u> – Tiranga rally according to the act of har ghar tiranga.

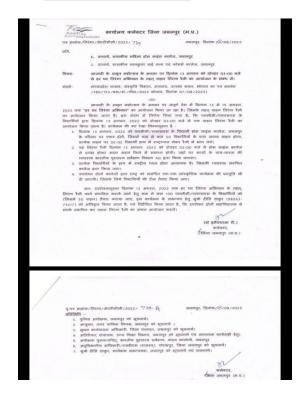
Incharge -

Purpose of event – The Har Ghar Tiranga campaign comes under the aegis of "Azadi Ka Amrit Mahotsav "and has been implemented to encourage employees, associates home and to hoist it to honors the 75th year of India's Independence. Today our mind is without fear and our heads are held high up in the sky. Our leaders, and their invaluable struggle to free India from the shackles of injustice had been, an inspiration to all of us an epitome of courage and bravers. The values and the practices that India holds in its ancient culture had been an example set for all of us.

Impact of event - The programme envisages inspiring Indians everywhere to hoist the national flag at their homes. The aim of the programme was to make the relationship with the national flag a more personal one rather then just keeping in formal or institutional.

Number of participants - 79

Photographs of event-





<u>Month</u> - August 2022 <u>Topic of event</u> Tug of <u>Date of event</u> war 29/08/20 22 <u>Place of event</u> – College Campus, BLOCK 'C' <u>Subject</u> – . TUG OF WAR.

Incharge – Ms Manju Barkhane

Purpose of the event – There was the competition between two team which encourage others to keep theirself active.

<u>Impact of event</u> – The data indicate that international level tug of war participates have excellent strength. This hand-on activity helps students to develop their gross (courage muscle) and increase proximal stability.

Participants name - 25 cadets



<u>Month –</u> September 2022

Topic of event – Traffic awareness rally

Date of event - 06/09/2022

<u>Place of event</u> - Government M.H. college of home science and science for women jabalpur

Subject - Traffic awareness

Incharge - Ms. Manju Barkhane and Traffic Police Jabalpur

<u>Purpose of event</u> – The aim of the rally was to create awareness among the people and traffic awareness are the keys.

Impact of event- The principle of this rally is to make people aware about traffic rules and follow them. And helps to keep everyone on the road safe by reducing the chances of driving colliding with other vehicles pedestrians or cyclists.

<u>Name of participants</u> Photograph of event –



31st July 2022

On 31st July 2022 college students participated as volunteers in the book launch ceremony of Pandit Hari Krishna Tripathi Memorial Ceremony organized by the Honorable Governor at Janaki Raman College





12/1/2023

BMD Camp organized by PG Students







21/02/2023

Plantation of saplings in the college campus under Ankur Abhiyan by the students



Ganesh utsav by college Hostel Students



Club Activity by Math Department

